

## Relationships and Sexuality Education

(RSE) it is a statutory requirement and is a whole school approach, woven throughout the 4 purposes, enabling the development of emotional well-being, empathy and resilience, understanding their own rights and therefore helping them to understand themselves. It promotes them to take responsibility for their choices and form relationships, promoting respect and tolerance through understanding diversity.

RSE is taught in the context of a rights based approach to the curriculum (UNCRC). It is inclusive, developmentally appropriate and is communicated effectively with parents, offering them the opportunity to discuss and respond to the teaching and learning of RSE within the school. It is taught within a safe, supporting environment. RSE in the curriculum focusses on the RSE Code of 2021.

- Relationships and Identity (the range of relationships humans have throughout their lives, identity can be shaped by our relationships, importance of human rights)
- Sexual health and wellbeing (learning how living things grow, reproduce and have a life cycle, understanding of the human body, health issues and wellbeing)
- Empowerment safety and respect (rights to safety and protection, freedom from harm, where to seek help and support, how to support and advocate for rights)

The provision is age appropriate and tailored to the needs/capabilities of the pupils. It follows a natural progression from Explorers through to Navigators and Post 16 learners. The content and lesson materials can be adapted to suit the needs of the learners. RSE is embedded within the curriculum through the context booklets, it is part of the cross cutting themes of the curriculum, however, this is not a new concept for us at YTC as the importance of RSE has always been paramount. RSE will be taught throughout the curriculum but it will also be taught discretely, in identified sessions.

The emphasis in the Explorers and Adventurers department is the Friendship Rainbow. This is used as an agreed approach to teach RSE within the school. However, it may not be suitable for all classes, if they are at an earlier stage of development. Classes who are at an earlier stage of development learn better through more concrete identifiers such as objects of reference.

The Relationship Rainbow is used to teach RSE within the Navigators and Pathfinders departments

The RSE coordinator runs workshops regarding RSE for parents to discuss any worries; or if support is needed for their child with regard to RSE. The emphasis is on an open approach and discussion in a supportive way. If you have any concerns

or worries, please speak to the Headteacher in the first instance or telephone the school and we can support you.